



## Winter Menu Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH 1	Thai Green Chicken with Broccoli	Cottage Pie with Peas	Chicken Stroganoff with Broccoli	Roast Beef with Cauliflower and Potatoes	Ocean Pie with Broccoli
LUNCH 2	Butternut Squash and Kale Curry with Pitta Bread	Green Lentil Bolognaise with GF Spaghetti	Winter Vegetable Stir Fry with Noodles	Mushroom Stroganoff with Carrots and New Potatoes	Lentil Bolognaise
DESSERT	Poached Pear with Custard	Banana Cake	Rhubarb Yogurt	Cinnamon Muffin	Apple Pie with Custard
TEA	Penne Pasta in a Creamy Tarragon Sauce	Mini Jackets with Spicy Chicken	Whole Grain Tomato Pasta with Cheese	Potato and Mixed Vegetable Frittata	Winter Vegetable Mash



## Winter Menu Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH 1	Beef Casserole with New Potatoes and Broccoli	Winter Vegetable Chilli with Carrots and Pitta Bread	Roast Turkey with Broccoli and Potatoes and Stuffing	Lamb Moussaka with Sweetcorn	Fish Stew with Crushed Potato
LUNCH 2	Vegetable Stir Fry with Noodles	Baked Aubergine with Lentils	Italian Bean Casserole with Green Cabbage	Red Lentil and Aubergine Mousakka with Sweetcorn	Thai Green Vegetable Curry with Broccoli
DESSERT	Rhubarb Yogurt	Lemon Drizzle Cake	Cinnamon Muffin	Plum and Pear Pie with Custard	Banana Cake
TEA	Sticky Beef Noodles	Mini Jackets with Peas and Sweetcorn	Spiced Fajitas	Whole Grain Tomato Pasta with Cheese	Taco Crisps with Beef Mince and Chilli Beans



## Winter Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH 1	Shepherds Pie with Peas	Butternut Squash and Kale Curry with Pitta Bread	Chilli Chicken with Crushed Potato and Peas	Chicken and Leek Potato Bake with Diced Carrots	Ocean Pie with Broccoli
LUNCH 2	Roast Vegetable Crumble	Chick Pea and Kale Tagine with Apricots	Lentil Shepherds Pie with Garden Peas	Mushroom Stroganoff with Carrots and New Potatoes	Sweetcorn, carrot and Bean Casserole with New Potatoes
DESSERT	Apple Pie with Custard	Rhubarb Yogurt	Poached Pear and Custard	Cinnamon Muffin	Vanilla Yoghurt
TEA	Whole Grain Tomato Pasta with Cheese	Mini Jackets with Spicy Chicken	Winter Vegetable Mash	Mini Jackets with Cheese and Broccoli	Chicken Strips with Garlic and Herbs