

Guidance around deciding whether your child should attend nursery if unwell



If your child is unwell, and especially if at any time they have any of the symptoms of Covid-19, please call the nursery as soon as possible to discuss this and to take advice.

Please see the links below for information from the NHS regarding Covid-19

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

If your child becomes unwell with any of the 3 key Covid-19 symptoms whilst at nursery your child will be sent home in line with our amended parental contract and Covid-19 policies and procedures.

A reminder that if your child has had calpol, ibuprofen or paracetamol based medicine in the 12 hours preceding coming to nursery they should stay at home.

SYMPTOM	ADVICE
<p>Does your child have a temperature?</p> <p>37.8°C or above or feels hot to touch on their chest and back if you do not have a thermometer.</p>	<p>Keep your child at home and book a Covid-19 test as soon as possible.</p> <p>Your whole family/household will need to self-isolate until a Covid-19 test result is received.</p> <p>If the test is negative the household can stop self-isolating. Your child can return to nursery once they have had a normal temperature for 48 hours and they are well again.</p> <p>If the test result is positive your household will have to continue to self-isolate for the 14 days and your child will need to self-isolate for 10 days. Your child can return to nursery once they are well and the 10 days have passed.</p> <p>If you choose not to book a test then your child will need to self-isolate for 10 days and the household will need to self-isolate for 14 days.</p> <p>Please bear in mind that if family members are still self-isolating they should not be bringing a child to the nursery.</p>

SYMPTOM	ADVICE
<p>Does your child have a new or persistent cough?</p> <p>The NHS describes a new, persistent cough as “coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)”</p>	<p>Keep your child at home and book a Covid-19 test as soon as possible.</p> <p>Your whole family/household will need to self-isolate until a Covid-19 test result is received.</p> <p>If the test is negative the household can stop self-isolating and your child can return to nursery once they are well again.</p> <p>If the test result is positive the household will have to continue to self-isolate for the 14 days and your child will need to self-isolate for 10 days. Your child can return to nursery once they are well and the 10 days have passed. They may have a continuing cough that persists beyond 10 days, children may return to nursery with this residual cough if they are well enough to do so. Please bear in mind that if family members are still self-isolating they should not be bringing a child to the nursery.</p>
<p>Diarrhoea and/or sickness</p>	<p>Please keep your child at home until 48 hours have passed since the last episode of sickness or diarrhoea.</p> <p>Your child should only return after this time has passed and when they feel well enough to do so.</p> <p>If the tummy upset is accompanied by a temperature then you should book a Covid-19 test and the household should self-isolate until the test results are confirmed - as for ‘temperature’ section.</p>

What should I do if my child is unwell or presents with symptoms of Covid-19?

If your child has symptoms of Covid-19 please arrange a test for your child and let us know as soon as possible so we can prepare in case it is positive result. Please inform the nursery immediately of the test results. If this is positive we will be asked to provide information to the Department of Education, Local Health Protection Team and Ofsted as all cases need to be reported by the nursery.

What happens if a child or adult at the nursery test positive?

In the event of a child or member of staff testing positive we will seek advice from the Department of Education, and possibly our Local Health Protection Team, who will risk assess with us and advise us of the next steps to take. If it is necessary for a bubble or group of children to isolate we will inform parents as soon as possible and explain what will happen at that point.

These are going to be challenging times for us all, however we really appreciate your support and understanding and want to remind you that we are, at all times, carrying out government requirements in line with our risk assessments to help keep the nursery community safe.